

2025 Best Practices- Four Core Perinatal Measures

Induction of Labor <10%, primary cesarean birth rate < 15%, episiotomy < 2%, exclusive breastfeeding first 48 hours > 75%

The “4 Core” Best Practice designation has been designed to acknowledge practices achieving nationally established benchmarks for physiologic birth. These four measures are harmonized with the National Quality Forum (NQF) and Joint Commission perinatal quality measures. Of the 147 practices participating in the 2025 ACNM Benchmarking project, these 18 practices achieved all four benchmarks.

Beginnings Birth Center	Colorado Springs	CO
Birth Center of Denver	Denver	CO
Bravely Women’s Health	Lafayette	IN
Charlottesville Midwifery	Charlottesville	VA
Family Birth & Women’s Health	St. George	UT
Fika Midwifery	Buffalo	NY
Full Circle Wellness & Birth Center	Kasson	MN
Graceful Beginnings	Tucson	AZ
Holistic Heritage Homebirth	Woodlands	TX
Holistic ObGyn & Midwifery Service	Paterson	NJ
Holy Family Birth Center	Fort Wayne	IN
Labor of Love Midwifery & Women’s Health Services	Robinson	IL
Midwifery Care Associates	Pennington	NJ
MidwifeSunday Wellness and Birth Center	Potsdam	NY
Morning Star Midwifery & Women’s Health	Rapid City	SD
Mountain Miracles Midwifery, Inc.	Colorado Springs	CO
Natural Beginnings Birth and Wellness	Statesville	NC
Spring Valley Wellness	Spring Valley	NJ