

Opportunities for antiracist work within midwifery

- **Personal:** [My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies](#)
- **Family:** [Talk to your kids about racism](#); [Oakland public library book list](#)
- **Interpersonal:** communication skills described in this webinar
Academy of Communication in Healthcare <https://www.achonline.org/>
- **Clinical:** [Liberation In the Exam Room](#)
- **Institutional:** [Building A Race Equity Culture](#); [Dismantling Racism Works](#)
- **Structural:** [M4BL](#)

Definitions/Concepts

- [North: What it means to be Antiracist](#)
- [Talking About Race: Being Antiracist](#)
- [Kendi: How to be Antiracist](#)
- [Grady: Why the term BIPOC is so complicated](#)
- [Dismantling Racism \(great review of definitions\)](#)
- Information on census & research race categories: [Sáenz R., Morales M.C. \(2019\) 6 Demography of Race and Ethnicity. In: Poston Jr. D. \(eds\) Handbook of Population. Handbooks of Sociology and Social ResearchSpringer](#)
- [Ngozi Adichie: The danger of a single story](#)
- [DiAngelo: White fragility and the rules of engagement](#)
- [White culture handout](#)

Understanding antiracism

- [Kendi: Understanding what it means to be antiracist](#)
- [Singh: What does it mean to be antiracist](#)
- [The Guardian: A series on antiracism in America](#)
- [Rich: To create lasting change we must sustain this antiracist work beyond the heat of the moment](#)
- [Antiracism Resources for All Ages](#)
- [Antiracist Resource Guide](#)
- [Summary of stages of racial identity development](#)
- [The Racial Equity Institute: The Groundwater Approach](#)
- [Your Black Friends are Busy App](#)
- [A History: The Construction of Race and Racism Dismantling Racism Project Western States Center](#)

For white people

- [Pugh: There is no such thing as a white ally](#)
- [DiAngelo: White people are still raised to be racially illiterate](#)
- [Maree Brown: A word for white people](#)
- [Jones & Okun: White supremacy culture](#)
- [Teaching Tolerance: White antiracism: Living the legacy](#)
- [Gorski & Erakat: Racism, whiteness, and burnout in antiracism movements](#)
- [Johnson: When Black people are in pain, white people just join book clubs](#)
- [Hains: Dear white people: Here's what to do when you are called racist](#)
- [Kivel: Guidelines for BeingStrong White Allies](#)
- [Oluo: Confronting racism is not about the needs and feelings of white people](#)
- [Antiracism Resources for white People](#)
- [Cabrera: White immunity: Working through the pitfalls of privilege discourse](#)
- [The invisibility of white privilege with Brian Lowery PhD](#)
- [NPR: 'Interrupt The Systems': Robin DiAngelo On 'White Fragility' And Anti-Racism](#)

Antiracism action

- [Shutack: 100 things white people can do for racial justice](#)
- [Undoing white supremacy: Unlearning circles](#)
- [Scaffolded Antiracist Resources](#)
- [Resources for accountability and actions for Black lives](#)
- [Myers: How to overcome biases](#)
- [Racial Equity Tools](#)
- [Ally vs Co-Conspirator: What it means to be an Abolitionist Teacher](#)
- [The False Promise of Anti-Racism Books](#)

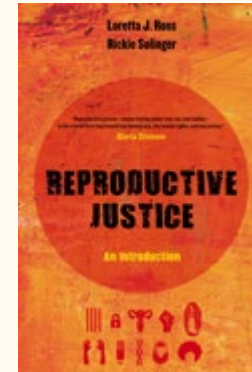
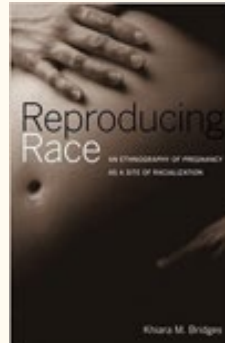
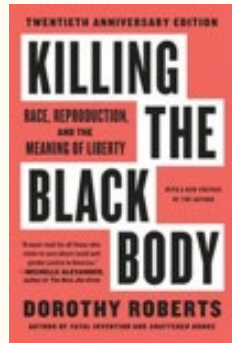
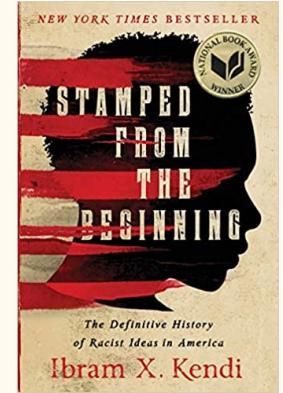
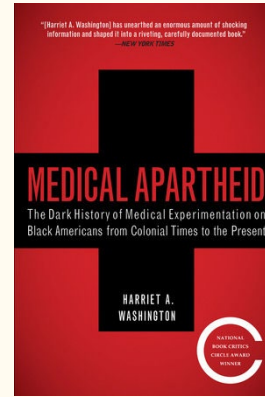
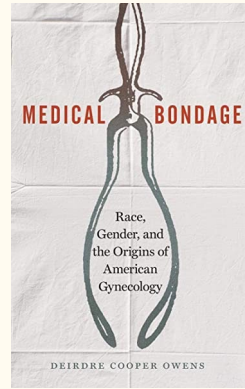
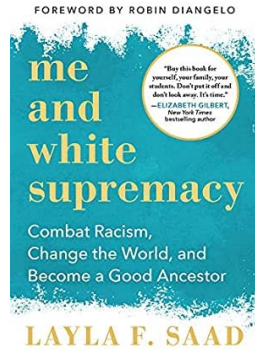
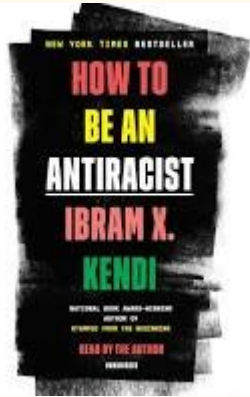
Antiracism in midwifery

- [Drew and Reis: Black Lives Matter: A Message and Resources for Midwives](#)
- [Council on Patient Safety in Women's Health Care: Reduction of peripartum racial/ ethnic disparities](#)
- [National Birth Equity Collaborative](#)
- [Reproductive Justice Briefing Book](#)
- [Melanated Midwives: Supporting the next generation of midwives of color](#)
- [PBS: Memphis midwives work to address racial disparities in health care](#)
- [Johnson & Johnson: Working Towards Social Justice Through Midwifery and Black Maternal Health Advocacy](#)
- [Reproductive Justice Coalition: Black Reproductive Justice Advocates Call For Defunding Police In Wake Of Violent Police Response To Protesters](#)
- [ACLU: The Racist History of Abortion and Midwifery Bans](#)
- [Black Mamas Matter Toolkit](#)
- [A Guide for Advocating for Respectful Maternity Care](#)

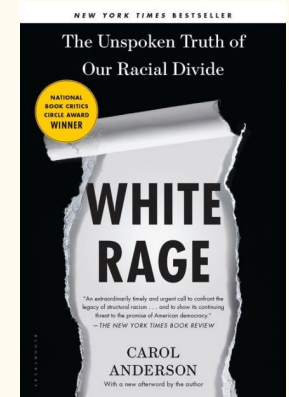
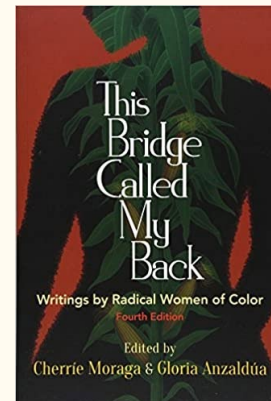
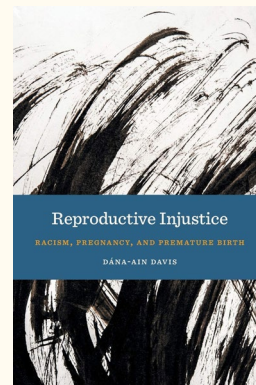
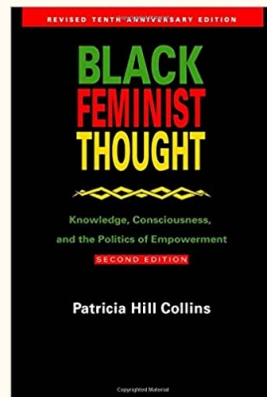
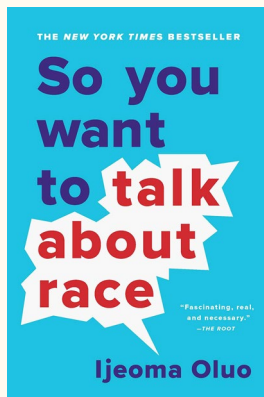
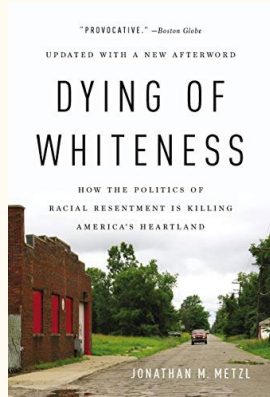
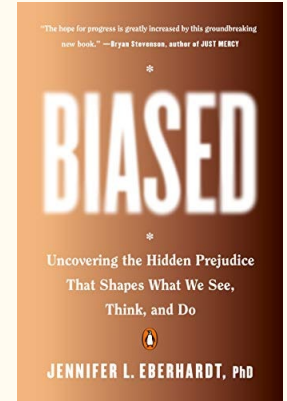
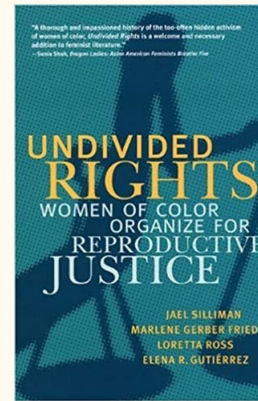
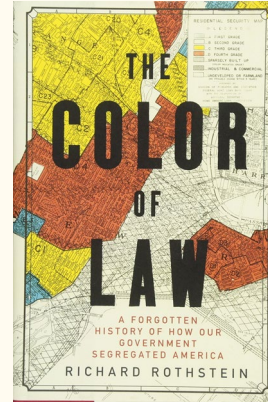
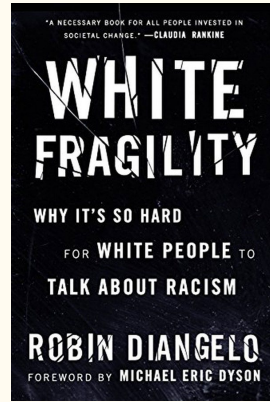
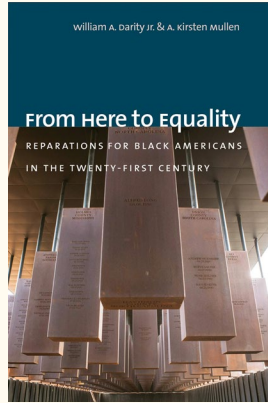
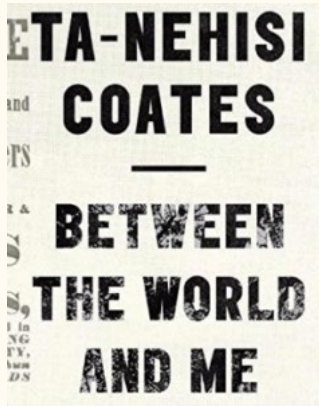
Trainings

- Loretta Ross: white Supremacy in the Age of Trump
 - <https://docs.google.com/forms/d/e/1FAIpQLSdEc3XMzdgYdrfOjMshaS7abC24pDaPZflyiVLji2Dal25Kgg/viewform>
- Dr. Deirdre Cooper Owens: Race, Gender, and American Gynecology
 - https://classes.allbodies.com/p/race-gender-american-gynecology-watch?fbclid=IwAR0YT8BITQa_BuwvN1IqdNoqsuCOjuGllTkj1lcqXyRi0vsr2PqXLTINCUs
- Black Mamas Matter:
 - <https://blackmamasmatter.org/resources/bmma-products/>
- Race Equity Resource Guide:
 - <http://www.racialequityresourceguide.org/guides/guides-and-workshops>
- APHA: Racism: The Ultimate Underlying Condition:
 - <https://www.apha.org/events-and-meetings/webinars/racial-equity/webinar-1-recording>
- APHA: A Path to Reproductive Justice: Research, Practice, and Policies
 - <https://www.apha.org/events-and-meetings/webinars/racial-equity/webinar-2-recording>
- Bixby Center for Global Reproductive Health: Advancing Equity and Justice in SRH
 - <https://www.innovating-education.org/course/structures-self-advancing-equity-and-justice-in-sexual-and-reproductive-healthcare/>

Books



Books



SUPPORT BIPOC ORGANIZATIONS

- National Black Midwives Alliance
 - <https://blackmidwivesalliance.org/>
- Black Mamas Matter Alliance
 - <https://blackmamasmatter.org/>
- Melanated Midwives
 - <https://melanatedmidwives.org/>
- Rise Up Midwife
 - <https://www.riseupmidwife.com/>
- One Love Black Mamas
 - <https://www.instagram.com/oneloveblackmamas/>
- BIPOC Aspiring Midwives
 - <https://www.facebook.com/BIPOCAspiringMidwives/>
- Black Women Birthing Justice
 - <https://www.blackwomenbirthingjustice.org/>
- M2M Postpartum Justice Project
 - <https://www.m2mpostpartum.org/>
- National Association to Advance Black Birth
 - <https://thenaabb.org/>
- National Birth Equity Collaborative
 - <https://birthequity.org/>
- SisterSong
 - <https://www.sistersong.net/>
- National Association of Birth Centers of Color
 - <http://www.birthcentersofcolor.org/>
- Beloved Birth: Black Centering
 - <https://www.gofundme.com/f/black-birthing-families-matter>

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