

**2020 Best Practices- Four Core Perinatal Measures**

**Induction of Labor <10%, primary cesarean birth rate < 15%, episiotomy < 2%, exclusive breastfeeding first 48 hours > 75%**

The “4 Core” Best Practice designation has been designed to acknowledge practices achieving nationally established benchmarks for physiologic birth. These four measures are harmonized with the National Quality Forum (NQF) and Joint Commission perinatal quality measures. Of the 221 practices participating in the 2020 ACNM Benchmarking project, these 22 practices achieved all four benchmarks.

A Better Birth Midwifery	Baltimore	MD
Beach Cities Midwifery & Women’s Health Care	Laguna Hills	CA
Beginnings Birth Center	Colorado Springs	CO
Bella Donna Birth & Women’s Health, PLLC	Jacksonville	NC
Birth Center of Denver	Denver	CO
Charlottesville Midwifery	Charlottesville	VA
Fika Midwifery PLLC	Buffalo	NY
Floyd County Medical Center	Charles City	IA
Full Spectrum Midwifery	Burlington	VT
Midwifery Care NYC	New York	NY
MidwifeSunday P-LLC	Potsdam	NY
Minnesota Birth Center	Minneapolis	MN
Mountain Miracles Midwifery, Inc.	Colorado Springs	CO
Nativiti Family Birth Center	The Woodlands	TX
RI Home Birth and Hope Family Health	Hope	RI
River and Mountain Midwives	New Paltz	NY
Sage-Femme Midwifery	Albany	NY
Scenic Drive Midwives	Scott Depot	WV
The Birth Center of Bloomington Normal	Bloomington	IL
Transitions Women’s Wellness Center	Manistee	MI
Willow Midwife Center for Birth and Wellness AZ, LLC	Mesa	AZ
WomanKind Midwifery, PLLC	Union	KY