

2019 ACNM BENCHMARKING BEST PRACTICES

Best practices are named based on the data reported by the practice being one of the top three practices in that category. The purpose of naming “best practice” is to recognize practices that are performing well. Perhaps more importantly, it gives ACNM members the opportunity to know which practices to contact to discuss how to improve performance. By networking with “best practices”, you can learn how to modify your practice processes to achieve better outcomes on quality indicators.

In an effort to provide a fair comparison, best practices are based on practice volume (total number of births per year):
Low: ≤ 50 , Low Moderate: 50 -199, High Moderate: 200-499, High: ≥ 500 births/ year.

Note:

- For some volume groups, it is impossible to determine best practice for certain indicators. In the low-volume group there are many practices achieving 100% breastfeeding rates and 0% cesarean birth rates.
- There are mixed risk status and mixed models within EVERY category (e.g. high volume birth centers and low volume, high risk practices). By contacting best practices, you may find that there is a similar practice achieving better outcomes.

Congratulations to the 2019 ACNM Best Practices!

Labor and Birth Outcomes

Variable	Low Volume ≤ 50 births/year (n=23)	Low Moderate Volume 50 -199 births/year (n=64)	High Moderate Volume 200-499 births/year (n=87)	High Volume ≥ 500 births/year (n=84)
Spontaneous Vaginal Birth Rate	<i>No Best Practice</i>	<ul style="list-style-type: none"> •North Houston Birth Center •BK Midwifery •SeaMar Vancouver Women’s Health Clinic 	<ul style="list-style-type: none"> •Willow Midwife Center for Birth and Wellness AZ, LLC •Health Foundations Birth Center •The Birth Center: Holistic Women’s Health Care 	<ul style="list-style-type: none"> •Parkland Health and Hospital System •Lehigh Valley Health Network, Cedar Crest •Providence Medical Group Women's Services Everett
Primary Cesarean Rate	<i>No Best Practice</i>	<ul style="list-style-type: none"> •BK Midwifery •North Houston Birth Center •SeaMar Vancouver Women’s Health Clinic 	<ul style="list-style-type: none"> •Willow Midwife Center for Birth and Wellness AZ •St. Anthony Hospital in Chicago •Advanced Ob-Gyn 	<ul style="list-style-type: none"> •Parkland Health and Hospital System •HealthPartners •Midwifery Services at the GW MFA
VBAC Success Rate	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •Beginnings Birth Center •Mayo Clinic Health System-Eau Claire •Health Foundations Birth Center 	<ul style="list-style-type: none"> •Samaritan Obstetrics & Gynecology- Corvallis •University of Iowa Midwifery Service •Gundersen Healthcare Midwives
Rate of Cesarean Birth among Nulliparous women with a Term, Singleton baby in a Vertex position (NTSV)	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •St. Anthony Hospital in Chicago •City of Oaks Midwifery •Health Foundations Birth Center 	<ul style="list-style-type: none"> •Intermountain Nurse-Midwives •Wayne Women’s Clinic •CommuniCare Health Centers, Inc
Rate of Postpartum Hemorrhage	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •Charlotte OB/GYN •Connecticut Childbirth & Women’s Center •The Midwife Center for Birth & Women’s Health 	<ul style="list-style-type: none"> •Shenandoah Women’s HealthCare •Women’s Excellence in Midwifery •Advent Health Medical Group for Women of Altamonte

Perineal Outcomes

Variable	Low Volume ≤ 50 births/year (n=23)	Low Moderate Volume 50 -199 births/year (n=64)	High Moderate Volume 200-499 births/year (n=87)	High Volume ≥ 500 births/year (n=84)
Rate of women with intact perineum (perineum is intact or only small laceration(s) not requiring repair)	<ul style="list-style-type: none"> •Local Care Midwifery, PLLC •JJB Midwifery •RI Home Birth and Hope Family Health 	<ul style="list-style-type: none"> •Sage-Femme Midwifery •Mountain Miracles Midwifery, Inc. •Midwifery Care Associates 	<ul style="list-style-type: none"> •Willow Midwife Center for Birth and Wellness AZ •Aurora UW Medical Group Midwifery & Wellness Center •Mercy Women’s Health 	<ul style="list-style-type: none"> •Midwives at Mount Auburn Hospital •Wayne Women’s Clinic •MHealth Fairview East Certified Nurse-Midwives
Rate of episiotomies	<i>No Best Practice</i>	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •Emory Nurse-Midwifery Practice at Grady •LMG Midwifery •UCSF Mission Bay
3rd or 4th degree laceration rate	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •New Birth Company Overland Park •LPG OBGYN Associates •The Midwife Center for Birth & Women’s Health 	<ul style="list-style-type: none"> •Intermountain Nurse-Midwives •Catawba Valley Medical Center Maternity Services •USF Midwifery

No Best Practice: Unable to establish a “Best Practice” as many practices in the birth volume category reported 0 or 100% for that variable.

Infant Outcomes

Variable	Low Volume ≤ 50 births/year (n=23)	Low Moderate Volume 50 -199 births/year (n=64)	High Moderate Volume 200-499 births/year (n=87)	High Volume ≥ 500 births/year (n=84)
Preterm Birth Rate (infants from a singleton birth born at less than 37weeks gestation)	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •Midwives at VCU Health •Health Foundations Birth Center •The Midwife Center for Birth & Women’s Health 	<ul style="list-style-type: none"> • Kaiser Westside Medical Center •Mount Sinai Midwives •Atrius Health
Rate of Low Birth Weight (infants from a singleton birth born weighing less than 2500 grams)	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •Silverton Health Midwives •Olmsted Medical Center •St. Anthony Hospital in Chicago 	<ul style="list-style-type: none"> •BirthCare HealthCare University of Utah College of Nursing •Parkland Health and Hospital System •Atrius Health
Rate of NICU Admissions of infants born from a singleton birth. (any admission to a level 2 or level 3 nursery for any length of time)	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •Fairhaven OB/Gyn, Inc. •Harrisonburg OB/GYN •LPG OBGYN Associates 	<ul style="list-style-type: none"> •Parkland Health and Hospital System •WCC •Midwives at Magee
Exclusive Breastfeeding Rate first 48 hours	<i>No Best Practice</i>	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •Valley Women for Women •UC San Diego Nurse-Midwifery Service •Beth Israel Deaconess Plymouth OBGYN & Midwifery

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Breastfeeding Outcomes

Variable	Low Volume ≤ 50 births/year (n=23)	Low Moderate Volume 50 -199 births/year (n=64)	High Moderate Volume 200-499 births/year (n=87)	High Volume ≥ 500 births/year (n=84)
Rate of Women who Attended their 6week Postpartum Visit.	<i>No Best Practice</i>	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •UNC Midwives •UC San Diego Nurse-Midwifery Service •Lifecycle Womancare
Rate of Women Breastfeeding at their 6week Postpartum Visit.	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •Advanced Ob-Gyn •Dar a Luz Birth & Health Center •Willow Midwives PLLC 	<ul style="list-style-type: none"> •Lifecycle Womancare •UC San Diego Nurse-Midwifery Service •UNC Midwives

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Resource Utilization Outcomes

Variable	Low Volume ≤ 50 births/year (n=23)	Low Moderate Volume 50 -199 births/year (n=64)	High Moderate Volume 200-499 births/year (n=87)	High Volume ≥ 500 births/year (n=84)
Rate of Inductions	<i>No Best Practice</i>	<i>No Best Practice</i>	<ul style="list-style-type: none"> •LPG OBGYN Associates •Beginnings Birth Center •New Birth Company Overland Park 	<ul style="list-style-type: none"> •Acclaim Physicians Group •Parkland Health and Hospital System •Women’s Health Specialists and Midwives of Dayton
Rate of epidurals used for pain relief during labor (not including epidurals placed only for anesthesia for operative delivery)	<i>No Best Practice</i>	<ul style="list-style-type: none"> •River and Mountain Midwives •Inanna Birth & Women’s Care •Riverside Midwifery LLC 	<ul style="list-style-type: none"> •Brooklyn Birthing Center •Beginnings Birth Center •The Midwife Group Women’s Health and Birth Center 	<ul style="list-style-type: none"> •Sutter Davis Women’s Health •Wayne Women’s Clinic •Women’s Health at Valley View Hospital

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