

**2019 Best Practices- Four Core Perinatal Measures**

**Induction of Labor <10%, primary cesarean birth rate < 15%, episiotomy < 2%, exclusive breastfeeding first 48 hours > 75%**

The “4 Core” Best Practice designation has been designed to acknowledge practices achieving nationally established benchmarks for physiologic birth. These four measures are harmonized with the National Quality Forum (NQF) and Joint Commission perinatal quality measures. Of the 262 practices participating in the 2019 ACNM Benchmarking project, these 30 practices achieved all four benchmarks.

A Better Birth Midwifery	Baltimore	MD
Beginnings Birth Center	Colorado Springs	CO
Best Start Birth Center	San Diego	CA
BK Midwifery	Brooklyn	NY
Charlottesville Midwifery	Charlottesville	VA
Fika Midwifery PLLC	Buffalo	NY
Inanna Birth & Women's Care	Denton	TX
JJB Midwifery	Brooklyn	NY
Local Care Midwifery, PLLC	Troy	NY
Luna Women's Wellness and Birth Center	Brainerd	MN
Midtown Nurse Midwives	Sacramento	CA
Midwife360, LLC	West Palm Beach	FL
Midwifery care associates	Pennington	NJ
Midwifery Care NYC	New York	NY
MidwifeSunday P-LLC	Potsdam	NY
Minnesota Birth Center	Minneapolis	MN
Mountain Miracles Midwifery, Inc.	Colorado Springs	CO
Nativiti Family Birth Center	The Woodlands	TX
New Birth Company	Overland Park	KS
New Birth Company	Kansas City	KS
North Houston Birth Center	Houston	TX
RI Home Birth and Hope Family Health	Hope	RI
Riverside Midwifery LLC	Buckeystown	MD
Sage-Femme Midwifery	Albany	NY
The Birth Center, A Nursing Corporation	Sacramento	CA
The Birth Center: Holistic Women's Health Care	Wilmington	DE
Thrive Midwives LLC	Minneapolis	MN
Transitions Women's Wellness Center	Manistee	MI
Wichita Falls Birth and Wellness Center	Wichita Falls	TX
WomanKind Midwifery, PLLC	Union	KY

