



## 2023 Best Practices- Four Core Perinatal Measures

**Induction of Labor <10%, primary cesarean birth rate < 15%, episiotomy < 2%, exclusive breastfeeding first 48 hours > 75%**

The “4 Core” Best Practice designation has been designed to acknowledge practices achieving nationally established benchmarks for physiologic birth. These four measures are harmonized with the National Quality Forum (NQF) and Joint Commission perinatal quality measures. Of the 170 practices participating in the 2023 ACNM Benchmarking project, these 24 practices achieved all four benchmarks.

Best Start Birth Center	San Diego	CA
Birth Center of Baton Rouge	Baton Rouge	LA
Birth Center of Chicago	Chicago	IL
Birth Center of Denver	Denver	CO
Blessed Beginnings Care Center	Nappanee	IN
Burr Ridge Birth Center	Burr Ridge	IL
Charlottesville Midwifery	Charlottesville	VA
Family Beginnings Birth Center	Dayton	OH
Fika Midwifery	Buffalo	NY
Happy Stork Midwifery Service	Nappanee	IN
Holistic ObGyn & Midwifery Service	Paterson	NJ
Holy Family Birth Center	Fort Wayne	IN
Manor Birth Sanctuary	Manor	TX
Midtown Nurse Midwives	Sacramento	CA
Midwifery Care Associates	Pennington	NJ
MidwifeSunday Wellness and Birth Center	Potsdam	NY
Mountain Miracles Midwifery, Inc.	Colorado Springs	CO
Natural Beginnings Birth and Wellness	Statesville	NC
Sacred Roots Birth and Wellness Center	Indianapolis	IN
Serenity Birth Center	Las Vegas	NV
Twin Cities Birth Center	St. Paul	MN
Wichita Falls Birth and Wellness Center	Wichita Falls	TX

Willow Midwives	Minneapolis	MN
With Women Midwifery	West Des Moines	IA