



## 2022 Best Practices- Four Core Perinatal Measures

**Induction of Labor <10%, primary cesarean birth rate < 15%, episiotomy < 2%, exclusive breastfeeding first 48 hours > 75%**

The “4 Core” Best Practice designation has been designed to acknowledge practices achieving nationally established benchmarks for physiologic birth. These four measures are harmonized with the National Quality Forum (NQF) and Joint Commission perinatal quality measures. Of the 184 practices participating in the 2020 ACNM Benchmarking project, these 15 practices achieved all four benchmarks.

Birth Center of Baton Rouge	Baton Rouge	LA
Birth Center of Chicago	Chicago	IL
Birth Center of Denver	Denver	CO
Burr Ridge Birth Center	Burr Ridge	IL
Charlottesville Midwifery	Charlottesville	VA
Charm City Midwives	Pikesville	MD
Debra Lowrance	Robinson	IL
Fika Midwifery	Buffalo	NY
Midtown Nurse Midwives	Sacramento	CA
MidwifeSunday Wellness and Birth Center	Potsdam	NY
Mountain Miracles Midwifery, Inc.	Colorado Springs	CO
Sacred Journey Midwifery	Goshen	IN
Serenity Birth Center	Las Vegas	NV
Willow Midwife Center for Birth and Wellness AZ, LLC	Mesa	AZ
WomanKind Midwifery, PLLC	Union	KY