



# On Location In Albuquerque

We're so glad you've joined us in the Land of Enchantment—a place brimming with rich, historical roots and enchanting horizons for both ACNM and midwifery!

## WHAT'S NEW AT THE ACNM 61<sup>ST</sup> ANNUAL MEETING & EXHIBITION

**The Unity Tent**—ACNM and the Midwives of Color Committee are hosting the first Unity Tent—a space to step away from the hustle and bustle of the meeting to sit, breathe, meditate, sing, chant, pray, and talk with other attendees. Borrowed from the concept in the novel *The Red Tent*, the Unity Tent is a safe place for conference attendees from various backgrounds and beliefs to build bridges of understanding, love, and compassion. The tent is located on the lower level of the Convention Center West Building, Tesuque room. It will open with a small ceremony at 7:30AM on Monday, May 23. Hours are daily Monday, May 23 through Wednesday, May 25, 7:30AM–7:30PM. Everyone is welcome!

**Artisan Market**— Check out the daily on-site Artisan Market with a rotating list of artisans. Attendees can buy new or vintage southwest jewelry, funky art, hand blown glass beads by an internationally known lampwork artist who is also a CNM, origami paper and textile pieces, origami cards and shrines, and amazing bead jewelry by Santa Fe artist Phillip Moosomin (pictured, right).

**Traditional Healing Space**—For centuries, many living in the southwest have embraced an integrated healing approach using traditional indigenous practices to heal the mind, body, and spirit. This type of healing includes sobadas (hands-on healing), limpias (energetic cleaning), platicas (heart-to-heart talks), Temazcal (Mesoamerican sweatlodge), acupuncture and REIKI (energy work). Sign up to visit one of the healers in our Traditional Healing Space led by Tonita Gonzales and Rita Navarrete Perez in the Anasazi room on the West Convention Center's lower level. Treatments are available daily from 7:00AM to 8:00PM with a suggested donation of \$15 for each 15 minutes. The Traditional Healing Space is hosted by the ACNM New Mexico



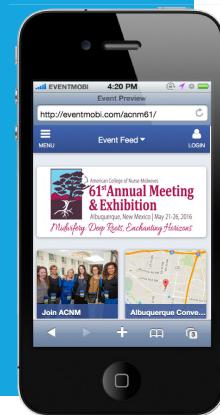
### Check your Inbox!

Get a little piece of *On Location* every morning. We'll be sending you an email with the latest onsite news to keep you in the loop on the daily activities at the meeting.



### We're Mobile

Carry the Final Program in your pocket! ACNM is beginning to go paperless, and we're starting with the ACNM61 mobile app. It includes everything you need to know about our meeting, plus several easy ways to customize your personal schedule as well as receive instant updates and alerts. Access it through iTunes, Google Play, or at <http://eventmobi.com/ACNM61>.



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American College of Nurse-Midwives

## 61<sup>st</sup> Annual Meeting & Exhibition

Albuquerque, New Mexico | May 21-26, 2016

# Welcome to Our Town

## 14 Things that Make Albuquerque Secretly Cool

Recommendations from the Local Program Committee.

**1 Gatos y Galletas:** Albuquerque now has one thing in common with Tokyo: a cat cafe! It's about 1 mile east on Central Avenue. Have lunch with a friendly rescue kitty on your lap. There's also a feline-free eating area.

**2 ABQ Biopark:** Enjoy fun, educational experiences at the Zoo, Botanic Garden, Tingley Beach, and Aquarium. Runners will appreciate Tingley Beach for an early morning run along the Rio Grande Bosque—the world's longest cottonwood forest. Learn more at <https://www.cabq.gov/culturalservices/biopark>.



**3 American International Rattlesnake Museum:** This animal conservation museum houses the largest collection of different species of live rattlesnakes in the world. In fact, it hosts more species than the Bronx Zoo, the Philadelphia Zoo, the National Zoo, the Denver Zoo, the San Francisco Zoo, and the San Diego Zoo, all combined! This is an exciting and educational experience for the entire family. Learn more at [www.rattlesnakes.com](http://www.rattlesnakes.com).

**4 University of New Mexico:** Take a stroll around the UNM Main Campus for its lovely gardens, duck pond, and Southwest Pueblo Style architecture by the world-renowned

John Gaw Meem. The main campus is 1.8 miles from the Convention Center, east on Central Avenue.

**5 Indian Pueblo Cultural Center:** There are 19 Pueblo tribes in New Mexico, and the cultural center has a special exhibit through the end of the year. Check out the Pueblo Harvest Cafe as a great outdoor weekend space with pizza and live music for a good price as well as a great dinner and brunch spot. Learn more at [www.indianpueblo.org](http://www.indianpueblo.org).

**6 The Balloon Museum:** Albuquerque is the balloon capital of the world. Get a glimpse by visiting the Balloon Museum, which happens to have a spectacular view of the Sandia Mountains. The museum is 10 miles away from the Convention Center. Learn more at [www.balloonmuseum.com](http://www.balloonmuseum.com).

**7 Sandia Peak Tramway:** This is one of the longest trams in the world (2.7 miles one way) and takes you to the top of Sandia Peak at more than 10,000 feet above sea-level. Dress warmly and in layers. It's 16 miles from the Convention Center but worth every mile. Learn more at [www.sandiapeak.com](http://www.sandiapeak.com).



**8 Petroglyph National Monument:** This national park protects one of the largest petroglyph sites in North America, featuring designs and symbols carved

### The Balloon Museum



on to volcanic rocks by Native Americans and Spanish settlers 400 to 700 years ago. Learn more at [www.nps.gov/petr/index.htm](http://www.nps.gov/petr/index.htm).

**9 Albuquerque's Downtown Growers' Market and Rail Yards Market:** On Saturday downtown and Sunday in the Rail Yards, these markets burst with fresh produce from local farms. In the Rail Yards, attendees wander through pop-up art installations, t-shirt screen-printing shops, and a children's craft area. Learn more at [www.downtowngrowers.com](http://www.downtowngrowers.com) and [www.railyardsmarket.org](http://www.railyardsmarket.org).

**10 Casa Rondeña:** Get transported to Tuscany on a visit to this vineyard and wine tasting room in pastoral Los Ranchos de Albuquerque, an incorporated village in the geographic center of Albuquerque. Take home a bottle of the Meritage Red, a double gold-medal award winner. Learn more at [www.casarondena.com](http://www.casarondena.com).

## WHAT'S NEW *continued*

Affiliate and RAICES (Remembering Ancestors, Inspiring Community, and Empowering Self)

**11 Explora! Science Center:** This is a top destination for kids and encourages youngsters to learn about science, technology, and art by doing. Explora opened Sketch Aquarium in 2015, in which kids imagine, sketch, and release a sea creature into a digital sea. They also offer periodic Adult Nights that make the center a kid-free zone. Learn more at [www.explora.us](http://www.explora.us).



**12 Neighboring Santa Fe:** Don't forget! With its walkable downtown, great shopping, and multiple luxury spas, Santa Fe is just a quick commuter rail connection away. Learn more at [www.santafe.org](http://www.santafe.org).

**13 Hot spots for drinks:** Downtown places to have a beverage with a spectacular view are the rooftop lounge at the Hotel Andaluz and the Apothecary Bar at the Hotel Parc Central. Learn more at [www.hotelandaluz.com](http://www.hotelandaluz.com) and [www.hotelparccentral.com](http://www.hotelparccentral.com). Speaking of libations, *Travel*



Flickr: fj40troutbum

and *Leisure* magazine says Albuquerque is one of the top 20 destinations for beer lovers in the US.

**14 Sopapillas:** Be sure to eat a sopapilla (translation: sofa pillow!). These are luscious squares of puffy, fried dough that come with most New Mexican meals. We eat them for breakfast, lunch, and dinner, and they can be stuffed with beans or carne adovada. Mostly locals eat them really hot like a dinner roll in the middle of the meal or drizzled with honey for dessert...or both!

### Tampons and Tamales Service

**Project**—Please join the New Mexico Affiliate of ACNM to gather supplies for the Tampons and Tamales New Mexico Service Project at Registration in the Exhibit Hall 3 & 4 foyer, West Building, Main Level. Supplies needed are tampons, pads, deodorant, shampoo, conditioner, facial tissue, toilet paper, socks, soap, and laundry detergent. They will be distributed to *My Sister's Place*, a domestic violence program in Gallup that provides safe rides and shelter for women and children; La Casa, a domestic violence program in Las Cruces that offers emergency shelter, case management, parenting classes, and advocacy in southern New Mexico; and *New Day Youth & Family Services*, an Albuquerque shelter for runaway adolescents that provides emergency shelter, counseling, classes, and advocacy for 11-17 year olds. Blankets and baby hats donated will be shared with The Northern Navajo Medical Center at Shiprock and the less advantaged clients of the San Juan Regional Hospital Midwifery Practice in Farmington.

### Extended Education Sessions—

Look for 3 extended education sessions this year: (1) ES 305 ACNM Data Collection Tools: How to Document Your Value! Tuesday, May 24, 1:00-5:00PM, (2) ES 306 Brains on Drugs: Women, Substance Use, and an Innovative Midwifery/Mental Health Partnership, Tuesday, May 24, 3:45-6:00PM, and (3) ES 310 An Evidence-based Approach To Prevent Cesarean Birth: Old and New Tools for Intrapartum Care Tuesday, May 24, 4:00-6:00PM. This is a trial for this meeting, so be sure to include your feedback when you do your meeting and session evaluations. The Program Committee is always looking for new and innovative ways to present meeting information to attendees!

## Swing By The Hospitality Booth!

Located next to the registration desk, the New Mexico Affiliate Hospitality Booth midwives will enchant you with their knowledge of Albuquerque and our state. We'll give you the inside scoop on our favorite food and drink places, as well as point you to fun shopping and spectacular scenery. We even know where you can send your partner for a *Breaking Bad* tour.

We also have great souvenirs! Pick up soft cotton midwife-motif tea towels, crazy-fun handmade necklaces and belt buckles, handcrafted fabric southwest-motif postcards with postage already affixed, Navajo birthing beads, and 2 kinds of bags. University of New Mexico student midwives will be selling midwife kits for children and offering hundreds of earrings for a single price that's so low, we can't tell you what it is!

# Local Entertainment on Tap



Enjoy the **Cellicion Zuni Dancers** at the Opening General Session. The group consists of 15 family members and is world-renowned for their performances of traditional Zuni social songs and dances.



The band **SWAG** will be playing at the Awards Dinner, followed by **DJ Malik** at the Midwifery Celebration Party on Wednesday.



## Getting Around Albuquerque

### Sunport Shuttle Discount Voucher

ACNM has arranged for a round-trip rate of \$20/person through Sunport Shuttle to the Doubletree, Hyatt Regency, Hotel Andaluz, and Embassy Suites. View additional details and retrieve the voucher at [www.midwife.org/AM2016-Hotel-and-Travel](http://www.midwife.org/AM2016-Hotel-and-Travel).

### Rideshare Listserv

Attendees may sign up for the Ride Share Listserv at [www.midwife.org/AM2016-Hotel-and-Travel](http://www.midwife.org/AM2016-Hotel-and-Travel) to arrange to share a taxi cab to/from the airport or rent a car together to explore the area. Once you join the ACNM Ride Share Listserv, you can communicate directly with your peers about your options.



## LIKE the New Mexico Midwives Facebook Page

and check back daily for activities and dining adventures during the Annual Meeting!