

Ruth Zielinski (Ph.D., CNM, FACNM)
Clinical Associate Professor and Midwifery Program Lead
University of Michigan School of Nursing

EDUCATION AND TRAINING

12/1988	Associates Degree, Nursing, With Honors, Kalamazoo Valley Community College, Kalamazoo, Michigan
12/1992	Bachelor of Science, Nursing, Summa cum Laude, University of Michigan, Ann Arbor, Michigan
04/1995	Master of Science, Nurse Midwifery, University of Michigan, Ann Arbor, Michigan
09/2009	PhD in Nursing and Certificate in Women's Studies, University of Michigan, Ann Arbor, Michigan

CERTIFICATION AND LICENSURE

1989 – Present	State of Michigan, Registered Nursing license: License # 4704171605
1995 – Present	American Midwifery Certification Board: Certification # 7480
1995 – Present	State of Michigan, Nurse-midwifery specialty license: License # 4704171605

CLINICAL APPOINTMENTS

02/1989 – 01/1990	Charge and Staff Nurse, Emergency Department, Three Rivers Area Hospital, Three Rivers, Michigan
01/1990 – 09/1990	Staff Nurse, Trauma Care Unit, Bronson Methodist Hospital, Kalamazoo, Michigan
09/1990 – 12/1993	Charge & Staff Nurse – Family Birthing Unit, Pipp Community Hospital, Plainwell, Michigan
05/1995 – 09/1997	Certified Nurse Midwife, Family Health Center, Battle Creek, Michigan
09/1997 – 10/2002	Childbirth and Women's Services, Plainwell, Michigan (Co-owner, 2000 – 2002)
10/2002 – 07/2017	Certified nurse midwife, Borgess Women's Health, Kalamazoo, Michigan
11/2013 – Present	Certified nurse midwife (with a 20% appointment), University of Michigan Nurse Midwifery Service, Ann Arbor, Michigan

ACADEMIC/RESEARCH/ADMINISTRATIVE APPOINTMENTS

09/2007 – 12/2007	Graduate Student Instructor, University of Michigan RN-BSN Program
01/2008 – 08/2009	Graduate Student Research Assistant, Evaluating Maternal Recovery from Labor and Delivery (EMRLD), University of Michigan, Ann Arbor, Michigan
08/2009 – 12/2013	Assistant Professor, Western Michigan University Bronson School of Nursing, Kalamazoo, Michigan
01/2014 – Present	Clinical Associate Professor, Midwifery Education Program Lead, University of Michigan School of Nursing, Ann Arbor, Michigan

RESEARCH INTERESTS

Doctoral Dissertation: Private places – private shame: Women’s genital body image and sexual health

Global – improving maternal & reproductive health through education and access to respectful care.

Other - Women’s sexual health, body image, childbirth and the pelvic floor, outcomes related to prenatal care, place of birth and breastfeeding, birth and health disparities.

GRANTS

National Health Service Scholar, University of Michigan	1993 - 1995	24 months
Nurse Faculty Loan Repayment Award, University of Michigan	2006 - 2008	24 months
Grant # T32 NR007965 PI: Dr. Carolyn Sampsel University of Michigan Interdisciplinary Training Grant U of M T-32 Grant Title: Women’s Health Disparities Role: PhD Student Investigator	2006 - 2007	12 months
Grant #R21 HD049818 PI: Dr. Janis Miller Grantor org: NIH Grant Title: Evaluating Maternal Recovery from Labor and Delivery Role: Graduate Student Research Assistant	2008 - 2009	20 months
New Investigator Award Grantor org: U of M School of Nursing Grant Title: Dissertation Support: Private Places, Private Shame: Women’s Genital Body Image and Sexual Health Role: Principal Investigator	04/2009 \$1500.00	4 months
Research Development Award Grantor org: Western Michigan University Grant Title: Pelvic Floor Disorders, Body Image and Sexual Health Role: Principal Investigator	04/2010 \$2500.00	4 months
Support for Faculty Scholars Award Grantor org: Office of the Vice President for Research, Western Michigan University Grant Title: Living and Working at Oasis Hospital: Recollections of Missionary Nurses Role: Principal Investigator	11/01/2012 \$1800.00	12 months
Grant # 3002517020 Grantor org: National Institutes of Health Grant Title: Birth, muscle injury, and pelvic floor dysfunction Role: Co-investigator	09/22/2012	32 months

International Education Faculty Development Fund Award 02/01/2013 12 months
 Grantor org: Haenicke Institute for Global Education, Western Michigan University \$2000.00
 Grant Title: Implementation of Home-Based Life-Saving Skills in South Sudan
 Role: Principal Investigator

Faculty Seed Grant 01/01/2015 12 months
 Grantor org: Institute of Research Women and Gender \$7848.00
 Grant Title: Implementation and evaluation of Home Based Life Saving Skills training among South Sudanese traditional birth attendants.
 Role: Principal Investigator

Grantor org: UMSN Janet Gatherer Boyles Gift Fund 01/01/2017 12 months
 Grant Title: Reproductive Health of South Sudanese Refugee Women Living in Northern Uganda: A Community Participatory Pilot Study \$4524.00
 Role: Principal Investigator

Grantor org: USAID 15/08/2017 8 months
 Grant Title: Maternal and Child Survival Program \$39,549
 Role: Sub Awardee for Twinning Activity

HONORS AND AWARDS

2010 ProQuest Distinguished Dissertation Award – Rackham Graduate School, University of Michigan
 2011 Medical Activist Award – Women’s Health Foundation
 2013 Best Podium Presentation, Research forum– American College of Nurse-Midwives Annual Meeting
 2014 Inducted as a Fellow into the American College of Nurse-Midwives

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

1993 – Present American College of Nurse Midwives
 1994 – Present Sigma Theta Tau – Rho Chapter
 2006 – Present International Continence Society
 2006 – Present Midwest Nursing Research Society

EDITORIAL POSITIONS, BOARDS, AND PEER-REVIEW SERVICE:

Peer Review Service:

2013 Journal of Health Care for the Poor and Underserved
 2014 Global Health Action
 2014 Patient Education and Counseling
 2014 Journal of Sex and Marital Therapy
 2015 Birth: Issues in Perinatal Care
 2015 British Journal of Obstetrics & Gynecology
 2015 Neurourology and Urodynamics
 2015 Body Image: An International Journal of Research
 2016 American Journal of Obstetrics and Gynecology
 2016 Western Journal of Nursing Research
 2016 BMC – Pregnancy and Childbirth

2016, 2017 Journal of Sex Research
2016 – present Journal of Obstetric, Gynecologic & Neonatal Nursing

COMMITTEE, ORGANIZATIONAL AND VOLUNTEER SERVICE

Service to the University of Michigan

2016 – Present Member Department of Health Behavior and Biological Sciences Advisory
Committee
2016 – Present Research Mentor for Colleagues in Ethiopia - The Center for International
Reproductive Health
Training at the University of Michigan (CIRHT)
2017 – Present MHealthy Advisory Committee Member

COMMUNITY AND PROFESSIONAL SERVICE

Service to the American College of Nurse Midwives (ACNM)

1996 – 1998 Chapter Chair – ACNM Region IV Chapter 8
2010 – 2012 Vice President, Michigan Affiliate
2010 – 2014 Clinical Practice Committee Member, ACNM Division of Standards and
Practice
2012 – 2015 President, Michigan Affiliate
2013 – 2014 ACNM representative to the ACOG Well-Woman Task Force Committee
2014 – Present Chair: Clinical Practice & Documents Section – Division of Standards &
Practice
2015 – Present Immediate Past President Michigan Affiliate of the ACNM
2016 – Present Gender & Equity Taskforce Member

Service to the Community

2005 – 2012 Family Planning Board Member – Allegan County Health Department
2013 – Present Board Member – South Sudan Community Development (SLCD)
2013 – 2014 Michigan's Department of Community Health - Perinatal Oral Health
Advisory Committee
2013 – 2016 Michigan Health Alliance Keystone: OB Collaborative
2015 – Present Chelsea Community Schools – Reproductive Health Educator

CONSULTING POSITIONS

12/2016 USAID Funded Twinning Program through Jhpiego to strengthen midwifery
educational programs in Liberia

VISITING PROFESSORSHIPS, SEMINARS AND EXTRAMURAL INVITED PRESENTATIONS

Seminars

11/2012 Taught an Evidence Based Practice for Labor and Birth Workshop, Oasis
Hospital, Al Ain Abu Dhabi, United Arab Emirates
02/2013 Taught Home Based Life Saving Skills to 8 South Sudanese traditional birth
attendants in Kiir Village, South Sudan
11/2014 Participated with ACNM in developing and implementing a Maternal Clinical
Skills Workshop at the University of Nursing Yangon, Myanmar
03/2015 Taught Home-Based Life Saving Skills to 12 South Sudanese refugee women
in Adjumani, Northern Uganda

- 03-04/2016 Taught Home Based Life Saving Skills to 25 South Sudanese refugee women in Adjumani, Northern Uganda and was Clinical Instructor/Preceptor to 8 UM Midwifery students at Buhinga Regional Hospital in Ft. Portal, Uganda
- 02/2017 Taught Home Based Life Saving Skills to 28 South Sudanese refugee women in Adjumani, Northern Uganda and was Clinical Instructor/Preceptor to 7 UM Midwifery students at Buhinga Regional Hospital in Ft Portal, Uganda
- 09/2017 Led a Leadership & Management Workshop for 25 Midwifery and Lab Educational Program Directors/Managers in Monrovia, Liberia

Extramural Invited Presentations – Regional

- 12/2006 “Pelvic Organ Prolapse – Body Image and Sexuality,” Pelvic Floor Research Day; Ann Arbor, Michigan
- 09/2007 “Life after Birth – Care of the Postpartum Family,” Perinatal Conference; Kalamazoo, Michigan
- 01/2008 “Care of Women with Pelvic Organ Prolapse,” Michigan Nurse-Midwives Retreat; Hickory Corners, Michigan
- 02/2010 “Influence of Pelvic Organ Prolapse on Body Image and Sexual Health,” Pelvic Floor Research Day; Ann Arbor, Michigan
- 05/2010 “Pelvic Floor Disorders and Birth,” Association of Women’s Health, Obstetric and Neonatal Nurses; Frankenmuth, Michigan
- 10/2010 “Genital Cosmetic Surgery – How Should Providers Respond?” Medical staff grand rounds, Allegan General Hospital, Allegan, Michigan
- 04/2011 “Does My Vagina Look Fat? Female Genital Cosmetic Surgery,” Women’s Health Foundation Honored Clinician Lecture at “Sex, Chocolate and Your Pelvic Floor,” Ann Arbor, Michigan
- 10/2011 “What’s New in Women’s Health,” Women in Engineering Organization, Southwest Michigan
- 01/2012 “Protocols and Pitfalls...Exploring the Issues Related to Diabetes and Pregnancy,” Michigan Affiliate of the ACNM Winter Retreat; Hickory Corners, Michigan
- 10/2012 “Maternal Birth-Related Neuromuscular Injury and Recovery,” Borgess Medical Center OB Grand Rounds; Kalamazoo, Michigan
- 10/2012 “The Future of Advanced Practice Providers: Opportunities and Challenges,” Henry Ford Health Systems 2012 Advanced Practice Provider Fall Retreat; Beverly Hills, Michigan
- 01/2013 “Centering Pregnancy: A Comparison of Maternal and Neonatal Outcomes,” Michigan Affiliate of the ACNM Winter Retreat; Mount Pleasant, Michigan
- 02/2013 “Assessment of Genital Body Image in Women Post Complex Vaginal Birth using the Vaginal Changes Sexual and Body Esteem Scale,” Pelvic Floor Research Day; Ann Arbor, Michigan (poster)
- 03/2013 “Implementing Home-Based Lifesaving Skills in South Sudan”
WMU Center for Diversity & Inclusion; Kalamazoo, Michigan
- 04/2013 Gull Lake Rotary Club; Richland, Michigan
- 06/2013 First United Methodist Women; Kalamazoo, Michigan
- 08/2013 Portage Rotary Club, Portage, Michigan
- 12/2014 “Women's Healthcare: An Update on Screening Guidelines,” Primary Care Conference; Ann Arbor, Michigan
- 01/2015 “Educating Future Midwives: The Essential Role of CNM Preceptors,” Michigan Affiliate of the ACNM Winter Retreat; Mount Pleasant, Michigan

- 02/2017 “Body Image and Women’s Sexual Health – an update from PFRG Studies,”
Pelvic Floor Research Day: Ann Arbor, MI
- 03/2017 “Student & Faculty Global Experiences in Uganda,” Student Nurses
Association, University of Michigan, Ann Arbor, Michigan.
- 04/2017 “Global Women’s Health: The Essential Role of Nurses and Midwives,”
Sigma Theta Tau International Upsilon Epsilon Chapter Induction Ceremony
Speaker; Kalamazoo, Michigan.
- 09/2017 “Private Makeovers: Genital Body Image and Women’s Sexual Health”
Department of Obstetrics & Gynecology Wayne State University School of
Medicine Grand Rounds; Detroit Michigan

National

- 10/2004 “The Supersizing of America – Implications of Obesity,” Insight Conference;
Austin, Texas
- 10/2008 “Female Urinary Incontinence – Prevalence, Trends, and Treatments,” Insight
Conference; St. Louis, Missouri

Peer Reviewed

Regional

- 03/2007 “An Instrument to Measure Body Image and Sexuality,” Midwest Nursing
Research Society Meeting; Omaha, Nebraska (poster)
- 04/2010 “Genital Body Image and Sexual Health,” KCMS Research Day; Kalamazoo,
Michigan
- 04/2012 “Perception of Insufficient Milk among Low Income WIC Participants,”
Midwest Nursing Research Society Meeting; Dearborn, MI (Co-author with
Sandi Tenfelde and Rebecca Heidarisaifa) (poster)
- 04/2012 “Centering Pregnancy – A Comparison of Maternal and Neonatal Outcomes
between Women Receiving Traditional and Group Prenatal Care,” Michigan
State University Kalamazoo Center for Medical Studies; Kalamazoo, Michigan
(Co-author with Megan Deibel, Cathy Kothari, Leslie Gogel) (Winner of the
Best Western Michigan University Presentation)
- 04/2012 “Home Birth After Hospital – Women’s Choices and Reflections,” Midwest
Nursing Research Society Meeting; Dearborn, Michigan (Co-author with
Casey Bernhard, Kelly Ackerson & Jessica English) (poster)
- 04/2013 “Improving Maternal and Infant Health through Centering Pregnancy: Results
of a Two-Year Retrospective Chart Review Using a Matched Comparison
Design.” Annual Kalamazoo Community Medical and Health Sciences
Research Day; Kalamazoo, Michigan (Co-author with Leslie Gogel, Megan
Deibel and Cathy Kothari)
- 04/2013 “Prevalence of Pregnancy Folkloric Beliefs among Nurse-Midwifery Client
Populations,” Annual Kalamazoo Community Medical and Health Sciences
Research Day; Kalamazoo, Michigan (Co-author with Iris Campbell, Mary
Lagerwey and Mary Ann Stark)
- 04/2014 “Genital Body Image, Pornography, and Pubic Hair Removal” (co-author with
Elissa Allen MS, RN). Dean’s Research Day, Ann Arbor, Michigan (poster)
- 10/2014 “Obstetric Provider Approach to Perinatal Oral Health” (Co-presenter with
Wilson, Farrell and Gonik). District V ACOG meeting; Indianapolis, Indiana
(poster)

2017 “Midwifery Education and Perinatal Oral Health: A Multidisciplinary Approach” (Co-presenter with Sheridan Kelly). Pathways Day, School of Dentistry, University of Michigan, Ann Arbor, Michigan

National

- 05/2008 “Validation of a Body Image and Sexuality Instrument.” American College of Nurse Midwives Annual Meeting; Boston, Massachusetts (poster)
- 05/2009 “Body Image and Sexual Health after Vaginal Birth.” American College of Nurse Midwives Annual Meeting; Seattle, Washington (poster)
- 09/2009 “A Second-Generation Instrumented Speculum.” American Urogynecologic Society; Hollywood, Florida (poster)
- 06/2010 “Female Genital Cosmetic Surgery.” American College of Nurse Midwives Annual Meeting; Washington, DC
- 06/2010 “Women’s Genital Body Image Influences Sexual Health.” American College of Nurse Midwives Annual Meeting; Washington, DC (poster)
- 09/2010 “Roundtable Update of the Evidence on Female Genital Cosmetic Surgery.” American Urogynecologic Society Meeting
- 09/2010 “The Relationship between Pelvic Organ Prolapse, Body Image and Sexual Health.” American Urogynecologic Society Meeting; Long Beach, California
- 09/2010 “Validity and Reliability of the Genital Self Image Scale.” American Urogynecologic Society Meeting; Long Beach, California
- 05/2011 “Obesity and Bariatric Surgery: Implications for Pregnancy and Birth.” American College of Nurse Midwives Annual Meeting; San Antonio, Texas
- 06/2012 “Home Birth After Hospital – Women’s Choices and Reflections.” American College of Nurse Midwives Annual Meeting; Long Beach, CA (poster)
- 06/2012 “Perception of Insufficient Milk among Low-Income WIC Participants.” American College of Nurse Midwives Annual Meeting; Long Beach, California
- 10/2012 “Assessment of Genital Body Image in Women Post Complex Vaginal Birth using the Vaginal Changes Sexual and Body Esteem Scale.” American Urogynecologic Society Meeting (primary presenter); Chicago, Illinois (poster)
- 10/2012 “Identification of Sensitive Predictors of Levator Ani Tear During First Complex Vaginal Delivery.” American Urogynecologic Society Meeting (Co-author with Lisa Kane Low); Chicago, Illinois (poster)
- 06/2013 “Living and Working at Oasis Hospital: Recollections of Missionary Nurses.” American College of Nurse-Midwives Annual Meeting, Nashville, Tennessee (poster)
- 06/2013 “Prevalence of Pregnancy Folkloric Beliefs among Nurse-Midwifery Client Populations.” American College of Nurse-Midwives Annual Meeting, Nashville, Tennessee (poster)
- 06/2013 “Improving Maternal and Infant Health through Centering Pregnancy: Results of a Two-Year Retrospective Chart Review Using a Matched Comparison Design,” American College of Nurse-Midwives Annual Meeting, Nashville, Tennessee
- 06/2013 “Identification of Sensitive Predictors of Levator Ani Tear during First Complex Vaginal Delivery.” American College of Nurse-Midwives Annual Meeting; Nashville, Tennessee (Co-author with Lisa Kane Low).

- 05/2014 “Genital Body Image, Pornography, and Pubic Hair Removal” (Co-author with Elissa Allen MS, RN). American College of Nurse Midwives Annual Meeting, Denver, Colorado (poster)
- 11/2014 “Improved Birth Weight for Black Infants: Outcomes of a Healthy Start Program.” American Public Health Annual Meeting, New Orleans (Co-presenter with Kothari C, James A, Charoth R, Sweezy C)
- 06/2015 “Home-Based Life Saving Skills: Implementation and Follow up with South-Sudanese Women” (Co-author with Susan Miller, MS, CNM, Clare Kummant MN, SNM, Kristen Dib BSN, SNM). American College of Nurse Midwives Annual Meeting, Washington DC (poster)
- 05/2016 “Midwifery Education Workshop – International Clinical Experiences for Midwifery Students,” American College of Nurse Midwives Annual Meeting, Albuquerque, New Mexico
- 2016 “Certified Nurse Midwives’ Experiences with Prenatal Genetic Screening” (Co-presenter with Shenin Dettwyler, MS & Beverly Yashar, PhD, MS, CGC) National Society for Genetic Counselors 35th Annual Conference; Seattle, Washington (poster)
- 2017 “Midwifery Education and Perinatal Oral Health: A Multidisciplinary Approach” (Co-presenter with Sheridan Kelly). ADEA Annual Session & Exhibition; Long Beach, California (poster)
- 10/2017 “Women Living in Crisis Areas of Sub-Saharan Africa’s Use of Family Planning: A Review of the Literature” (Co-presenter with Kelly Ackerson). Nurse Practitioners Women’s Health 20th Annual Conference, Seattle, Washington (poster).

International

- 08/2010 “The Relationship between Pelvic Organ Prolapse, Body Image and Sexual Health.” International Continence Society Scientific Meeting; Toronto, Canada
- 08/2010 “Validity and Reliability of the Genital Self Image Scale.” International Continence Society Scientific Meeting; Toronto, Canada (poster)
- 06/2014 “Female Genital Modification – Extending the Conversation beyond Traditional Female Genital Cutting.” International Confederation of Midwives Triennial Meeting; Prague, Czech Republic
- 06/2014 “Improving Infant and Maternal Health through CenteringPregnancy.” (Co-author with Megan Deibel MS, CNM). International Confederation of Midwives Triennial Meeting; Prague, Czech Republic

BIBLIOGRAPHY

Peer-Reviewed Journals

1. **Zielinski R**, Kane-Low L, Tumbarello J, Miller JM. Body image and sexuality in women with pelvic organ prolapse. *Urologic Nurs*. 2009;29(4):239-246.
2. Miller J, Brandon C, Jacobson J, Kane-Low L, **Zielinski R**, Ashton-Miller J, DeLancey J. MRI findings in patients at high risk for pelvic floor injury: Studies serially post-vaginal birth. *AJR Am J Roentgenol*. 2010;195:786–791. <http://dx.doi.org/10.2214/AJR.09.3508>
3. **Zielinski R**, Ackerson K, Misiunas R, Miller JM. Feasibility of a longitudinal study of women anticipating first pregnancy and assessed by multiple pelvic exams: Recruitment and retention challenges. *Contemp Clin Trials*. 2010;31:544-548. <http://dx.doi.org/10.1016/j.cct.2010.08.001>

4. **Zielinski R**, Kane-Low L, Miller JM, Sampsel C. Validity and reliability of a scale to measure genital body image. *J Sex Marital Ther.* 2012;38:309-324.
<http://dx.doi.org/10.1080/0092623X.2011.569639>
5. **Zielinski R**, Miller JM, Kane-Low L, Sampsel C, DeLancey J. The relationship between pelvic organ prolapse, genital body image, and sexual health. *Neurourol Urodyn.* 2012;31:1145-1147. <http://dx.doi.org/10.1002/nau.22205>
6. **Zielinski R**. Assessment of women's sexual health using a holistic, patient-centered approach. *J Midwifery Womens Health.* 2013;58:321-327.
<http://dx.doi.org/10.1111/jmwh.12044>

7. Tenfelde S, **Zielinski R** & Heidarisaifa R. Why do women stop breastfeeding? Analysis of maternal characteristics and time to cessation in a sample of women receiving special supplemental nutrition program for women, infants and children (WIC) services. *Infant Child Adolesc Nutr.* 2013;5(4):207-214. <http://dx.doi.org/10.1177/1941406413492820>.
8. Kothari C, **Zielinski R**, Charoth R, James A, Sweezy C. Improved birth weight for black infants: Outcomes of a healthy start program. *Amer J Public Health.* 2014;104(S1).
<http://dx.doi.org/10.2105/AJPH.2013.301359>
9. Bernhard C, **Zielinski R**, Ackerson K, English J. Home birth after hospital: Women's choices and reflections. *J Midwifery Womens Health.* 2014;59(2):160-166.
<http://dx.doi.org/10.1111/jmwh.12113>
10. Low LK, **Zielinski R**, Tao Y, Galecki A, Brandon CJ, Miller JM. Predicting birth-related levator ani tear severity in primiparous women: Evaluating maternal recovery from labor and delivery (EMRLD Study). *Open J Obstet Gynecol.* 2014;4:266-278.
<http://dx.doi.org/10.4236/ojog.2014.46043>
11. Ackerson K & **Zielinski R**, Patel H. Female college students' beliefs about cervical cancer screening. *J Res Nurs.* 2014;20(2):147-159. <http://dx.doi.org/10.1177/1744987114534950>
12. **Zielinski R**, Stork L, Deibel M, Kothari C, Searing K. Improving infant and maternal health through CenteringPregnancy: A comparison of maternal health indicators and infant outcomes between women receiving group versus traditional prenatal care. *Open J Obstet Gynecol.* 2014;4:497-505. <https://www.scirp.org/journal/PaperInformation.aspx?PaperID=47152>
13. Ashton-Miller JA, **Zielinski R**, Miller JM, DeLancey JOL. Validity and reliability of an instrumented speculum designed to minimize the effect of intra-abdominal pressure on the measurement of pelvic floor muscle strength. *Clin Biomech.* 2015;30(6):640-640.
<http://dx.doi.org/10.1016/j.clinbiomech.2014.09.011>
14. **Zielinski R**, Searing K, Deibel M. Gastrointestinal distress in pregnancy: Prevalence, assessment and treatment of 5 common minor discomforts. *J Perinat Neonatal Nurs.* 2015;29(1):23-31. <http://dx.doi.org/10.1097/JPN.0000000000000078>
15. **Zielinski R**, Ackerson K, Kane-Low L. Planned home birth: Benefits, risks and opportunities. *Int J Womens Health.* 2015;7:361-367. <https://doi.org/10.2147/IJWH.S55561>
16. Miller JM, Kane Low, L, **Zielinski R**, Smith A, DeLancey JOL, Brandon C. Evaluating maternal recovery from labor and delivery: Bone and levator ani injuries. *J Obstet Gynecol.* 2015;213(2):188.e4, 188e8, 188e10. <http://dx.doi.org/10.1016/j.ajog.2015.05.001>
17. **Zielinski R**, Gilbert Brodie M, Kane Low R. The value of the maternity care team in the promotion of physiologic birth. *J Obstet Gynecol Neonatal Nurs.* 2016;45(2):276-284.
<http://dx.doi.org/10.1016/j.jogn.2015.12.009>
18. Wilson EH, Farrell C, **Zielinski R**, Gonik B. Obstetric provider approach to perinatal oral health. *J Matern Fetal Neonatal Med.* 2016;30(9):1089-1091.
<http://dx.doi.org/10.1080/14767058.2016.1204291>

19. Eagen-Torkko MK, Kane Low L, **Zielinski R**, Seng J. Prevalence and predictors of breastfeeding after childhood abuse. *J Obstet Gynecol Neonatal Nurs.* 2016;46(3):465-479. <http://dx.doi.org/10.1016/j.jogn.2017.01.002>
20. **Zielinski R**, Kane Low L, Smith AR, Miller JM. Body after baby: A pilot survey of genital body image and sexual esteem following vaginal birth. *Int J Womens Health.* 2017;13(9):189-198. <http://dx.doi.org/10.2147/IJWH.S123051>
21. Ackerson K, **Zielinski R**. Factors influencing use of family planning services and methods in women living in Sub-Saharan Africa refugee camps and surrounding areas: A review of the literature. In press. *Midwifery* <https://doi.org/10.1016/j.midw.2017.07.021>

Book Chapters

1. **Zielinski, R.** & **Vaughn T.** (2016) Normal and abnormal uterine bleeding. In: Schuilling K & Likis F. (Eds.). *Women's gynecologic health (3rd ed.)*.
2. **Zielinski, R.** & Lynne S. (2016) Normal and abnormal uterine bleeding. In: Schuilling K & Likis F. (Eds.). *Women's gynecologic health (3rd ed.)*.

Note: Mentorship of student authors indicated by underscoring their names.

ACNM Position Statements

1. Appropriate use of technology in childbirth (2013). Co-Author.
2. Expansion of midwifery practice and skills beyond basic core competencies (2015). Co-Author.
3. Prevention of gun violence (2016). Editorial review & edits.
4. Conscientious objection (2016). Editorial review & edits.
5. Shared decision making (2016). Editorial review & edits.
6. Midwifery/nurse-midwifery education and certification in the United States. Authored updates/revisions.
7. Climate change (2017). Co-author.

Note: Positions statements are accessible at:

<http://midwife.org/index.asp?bid=59&cat=3&button=Search>

Clinical Bulletins

1. Abnormal uterine bleeding. *J Midwifery Womens Health.* 2016; 61:522–527. <http://dx.doi.org/10.1111/jmwh.12514>
2. Providing oral nutrition to women in labor (2016). *J Midwifery Womens Health.* 2016;61: 528–534. <http://dx.doi.org/10.1111/jmwh.12515>
3. Endometrial biopsy. *J Midwifery Womens Health.* In press.