

Bridget O. Howard, CNM, MSN

Employment

Certified Nurse Midwife. Lawrence Obstetrics and Gynecology, Lawrenceville, NJ. 5/13 to present. Full-scope midwifery care in private practice with offices in Lawrenceville, NJ, Hamilton, NJ and Yardley, PA. EMR documentation: OB Trace Vue, All Scripts and Athena. Collaborative care with physicians for high-risk patients. Precepting: CNM, CM, WHNP and FNP students. Hospital affiliation: Capital Health System, Hopewell Campus.

Certified Nurse Midwife. Perinatal Evaluation Center, Hospital of the University of Pennsylvania, Philadelphia, PA. 9/12 to present. Triage and management of acute and chronic obstetric and primary care health diagnoses. Ultrasound for presentation and Biophysical Profiles. EMR documentation: Centricity Perinatal/QS and Epic. Teaching: medical students, ED and OB interns and OB residents.

Adjunct Faculty. Jefferson- Philadelphia University + Thomas Jefferson University, Midwifery Institute, Philadelphia, PA. 12/10 to present. Midwifery faculty of synchronous and asynchronous Problem Based Learning philosophy online program.

Courses taught:

- Advanced Pharmacology I
- Advanced Pathophysiology and Physiology of Primary Care
- Advanced Physical Assessment
- Healthcare of Women
- Professional Issues
- Health and Lifestyles
- Advanced Anatomy and Physiology

Interviewing, teaching, grading in Blackboard, PBL case studies, research and reports; Mastery Review for exams; Remediation Reviews; Developing Learning Plans and Blackboard Exams; On-campus Skill Sessions: H&P, Skills Lab and FOSCE (formative objective structured clinical examinations).

Certified Nurse Midwife. Penn OB/GYN Associates, Philadelphia, PA. 9/06 to 5/13. Full-scope obstetric and gynecology care at the Clinical Practices of the University of Pennsylvania. Collaborative care practice including physicians, CNM's and CRNP's. EMR documentation: Epic. Precepting: CNM, WHNP and RN students from University of Pennsylvania, School of Nursing and CNM students from Midwifery Institute at Philadelphia University. Faculty for Obstetric and off-service Emergency Department residents and medical students from University of Pennsylvania, School of Medicine. Hospital affiliation: Hospital of the University of Pennsylvania.

Certified Nurse Midwife. Lawrence Obstetrics and Gynecology, Lawrenceville, NJ. 9/03 to 9/06. Full-scope midwifery care in private practice with offices in Lawrenceville, NJ and Yardley, PA. Collaborative care with physicians for high-risk patients. Precepting: CNM students from the University of Pennsylvania. Hospital affiliation: Capital Health System, Mercer Campus.

Adjunct Professor. Cumberland County College, Vineland, NJ. 1/03 to 12/05. Clinical adjunct in pediatrics and maternal-newborn nursing to registered nurse students in inpatient and outpatient settings. Evaluate written work and nursing care plans. Clinical skill laboratory instruction and testing. Hospital Affiliation: South Jersey Health System: Newcomb Campus.

Certified Nurse Midwife. Vineland Obstetrical and Gynecological Professional Association, Vineland, NJ. 12/00 to 9/03. Antepartum, intrapartum and postpartum midwifery care to patients at

South Jersey Health System's Women's Center. Full scope midwifery care in private office of *Vineland Midwifery Associates*. Collaborative care with physicians for high risk population. 24-hour call rotation inclusive of performance of biophysical profiles, interpretation of non-stress tests, intrapartum and postpartum care, and triage. Precepting: CNM, APN, WHNP students from the University of Pennsylvania, Rutgers University, Midwifery Institute at Philadelphia University, and the State University of New York: Stonybrook. Hospital affiliation: South Jersey Health System, Newcomb Campus.

Certified Nurse Midwife. South Jersey Health System, Bridgeton, NJ. 9/00 to 9/02. Providing AP, IP, and PP midwifery care to low risk women in a high volume hospital practice. Multicultural client population. High risk patients collaboratively managed with physicians. Hospital affiliation: South Jersey Health System, Bridgeton Campus.

Registered Nurse. Bayada Nurses, Cherry Hill, NJ 3/00 to 3/01. Provided skilled nursing care, assessment, and teaching in patient homes for Well Mom/Well Baby visits; Copaxone teaching visits for patients with Multiple Sclerosis; wound care and venipuncture for adult and pediatric populations.

Registered Nurse. University of Pennsylvania, Center for Clinical Epidemiology and Biostatistics, Philadelphia, PA. 3/00 to 10/01. National Institute of Health funded research study on Pressure Ulcers in Elderly Hospital Patients. Performed physical, nutritional, initial and follow-up skin and skin caliper assessments; documentation through charting, computer entry and photographs; obtained initial contact and consent by participants or proxy after meeting with patient primary nurse and after obtaining physician consent.

Primary Care Nurse. US HomeCare Corp. of PA, Pittsburgh, PA. 12/96 to 10/98. Provided direct nursing care in patient homes after care is coordinated with referring physicians, including initial assessment, teaching, venipuncture, wound care, and medication administration. Case management and intake referrals to coordinate multidisciplinary care for Medicare, Medicaid, and private insurances. On-call rotations for IV access and venipuncture for adults and pediatric patients. Supervisory visits for home health aides. Chart reviews, recertifications, and discharge planning. Supervisor for Allegheny County Option I and II programs. QAI committee.

Education

McMaster University, Ontario, Canada. 2011.

Certificate, Distance Education Program

University of Pennsylvania, School of Nursing. Philadelphia, PA. Teacher Education Program. 9/00 to 5/01.

Post Master's Teaching Certificate

University of Pennsylvania, School of Nursing. Philadelphia, PA. 9/98 to 12/99.

*Master of Science in Nursing
Certificate in Nurse Midwifery*

University of Pittsburgh, School of Nursing. Pittsburgh, PA. 9/90 to 5/96.

Bachelor of Science in Nursing

Sigma Theta Tau National Nursing Honor Society
African American Nursing Scholarship

Pennsylvania State University. State College, PA. 8/85 to 12/87.

Philadelphia High School for Girls. Philadelphia, PA. 9/81 to 6/85.

Professional Licensure, Certifications, Teaching and Affiliations

- Pennsylvania: Professional Nurse, Certified Nurse Midwife with Prescriptive Authority
- New Jersey: Registered Professional Nurse, Certified Nurse Midwife with Prescriptive Authority, CDS and DEA licensed
- Member: American College of Nurse Midwives; New Jersey Affiliate of ACNM, Region II, Chapter II; Sigma Theta Tau, Eta Chapter
- A.C.N.M. Foundation Board Of Trustees: Trustee, 2012-2018; Trustee Board Secretary and Executive Board Trustee: 2014-2018.
- Chair, Midwives of Color Committee of the American College of Nurse Midwives, 2004-2010
- Chair, Friends of Midwives of Color Committee, American College of Nurse Midwives, 2015-2018
- Certifications: EFM, 2014; ACLS, 2013; BCLS, NRP; Post Masters Teaching Certificate, 2001; Third Trimester Limited Obstetric Ultrasound, 2002
- Preceptor
 - University of Pennsylvania: Clinical Adjunct Faculty
 - The State University of New Jersey, Rutgers University/University of Medicine and Dentistry of New Jersey
 - Jefferson-Philadelphia University + Thomas Jefferson University
 - La Salle University
 - Drexel University
- University of Pennsylvania
 - School of Medicine, Simulation Center. 2011-2013, Teaching medical students intrapartum management skills.
 - School of Medicine, Faculty: 2009-2014
 - OB Residency Lecture: Breastfeeding 2008
 - Intern Lecture Series: Postpartum Care and Postpartum Blues, 2010; The Fourth Trimester, 2011
 - School of Nursing: Midwifery and Women's Health Nurse Practitioner Program. Guest Lecturer: Anemia 2002
- East Carolina University: Diversity in Midwifery E Mentoring Program, 2010
- Guest Presenter: NJ Statewide Approach to Vertical HIV Transmission: Train the Trainer Program, 2002
- Capital Health System: OB/GYN Clinical Practice Safety Committee, 2015-present
- ACNM: Pharmacology Potpourri Workshop, 2017
- Auctioneer: A.C.N.M. Foundation Midwives of Color Committee Scholarship Fundraiser, 2004-present