

# Ann L. Forster Page, DNP, CNM, APRN, FACNM

## Education

<b>University of Minnesota</b> Doctor of Nursing Practice	<b>2017</b>
<b>University of Minnesota</b> Master of Science, Nurse Midwifery Program (with Honors)	<b>2001</b>
<b>University of Minnesota</b> Bachelor of Science in Nursing (with Honors)	<b>1999</b>
<b>University of Vermont, Burlington</b> Associate of Science in Nursing, Registered Nurse	<b>1995</b>

## Professional Certifications/Licensure

Registered Nurse, Minnesota Board of Nursing	<b>1995-Present</b>
Basic Life Support for Healthcare Providers (AHA)	<b>2001-Present</b>
Certified Nurse-Midwife, American Midwifery Certification Board	<b>2001-Present</b>
Advanced Practice Registered Nurse, Minnesota Board of Nursing	<b>2014-Present</b>

## Professional Employment

<b>Nurse-Midwife Director</b> <i>University of Minnesota Medical Center, Birthplace, Minneapolis, MN</i> <ul style="list-style-type: none"><li>Proposed and established new role, defined job description to create a dyad partnership with the current Medical Director of the Birthplace.</li><li>Represent the role of the CNM (two CNM services) at UMMC.</li><li>Duties include conflict resolution, OB peer review, quality initiatives, co-chair for multiple monthly meetings.</li></ul>	<b>2010-Present</b>
<b>Director, Certified Nurse-Midwife Service</b> <i>University of Minnesota Physicians, Minneapolis, MN</i> <ul style="list-style-type: none"><li>Director of Service; responsible for hiring, terminations, and reviews of CNMs, group productivity evaluation, scheduling, protocol updates, service promotion, and hospital-based peer review. Work directly with the Medical Director and administration around clinic flow, practice changes, and strategies for the future of the Division of Ob/Gyn, Midwifery and Family Planning within the Department of Ob/Gyn and Women's Health at the University of Minnesota.</li></ul>	<b>2005-Present</b>
<b>Certified Nurse-Midwife</b> <i>University of Minnesota Physicians, Minneapolis, MN</i> <ul style="list-style-type: none"><li>Provide full-scope nurse-midwifery care in an academic, interprofessional practice serving a diverse, urban population.</li><li>Two clinical sites, including an FQHC site, with a large population of refugees and recent immigrants.</li></ul>	<b>2001-Present</b>

**Registered Nurse** **1997-1999**  
*Hennepin County Medical Center, Minneapolis, MN*  
● Mother/baby, newborn nursery, newborn intensive care unit (NICU).

**Registered Nurse** **1995-1997**  
*Medical Center Hospital of Vermont, Burlington, VT*  
● Labor/delivery, mother/baby, newborn nursery, antepartum units.

## **Academic Appointments and Experience**

**Adjunct Clinical Assistant Professor,  
School of Nursing, Nurse-Midwifery DNP Program** **2015-Present**  
*University of Minnesota, Minneapolis, MN*  
● Co-developed a new model of CNM faculty practice by building a contractual relationship between the University of Minnesota Physicians Nurse-Midwife Service and the University of Minnesota School of Nursing, Nurse-Midwifery Program.  
● Active Adjunct instructor in the University of Minnesota School of Nursing, Nurse-Midwifery Program, 20% effort.

**Adjunct Clinical Instructor, Department of OB.GYN and Women's Health** **2011-Present**  
*University of Minnesota Medical School, Minneapolis, MN*  
● Partnered with Residency Director to develop a new model of interprofessional training for the Family Medicine residents and at the University of Minnesota Medical Center, Fairview (UMMC), to include rotations with CNM service.  
● Provide one-to-one clinical instruction to Family Medicine residents during their inpatient obstetrics rotation at UMMC, Fairview.  
● Provide nurse-midwifery involvement in co-teaching the orientation for medical students starting their women's health rotation every six weeks throughout the year.

**Adjunct Faculty** **2002-2015**  
*University of Minnesota School of Nursing, Minneapolis, MN*  
● Provide individual clinical instruction, supervision, and mentorship to nurse-midwife and nurse practitioner students, encompassing the full spectrum of women's health care, in ambulatory and inpatient settings, including labor and birth.

**Instructor, Global Health Course** **2012-2014**  
*University of Minnesota Medical School*  
● Taught a four-hour course on birth in low-risk settings with simulation and standardized patients to various medical learners planning international work.

## **Professional Experience**

**American College of Nurse-Midwives, Healthy Birth Initiative: Reducing Primary  
Cesareans Project, Steering Committee Member** **2015-Present**  
● Member of a six-person steering committee to direct the first multi-hospital

initiative aimed at reducing primary cesarean births in low-risk women through the support of physiologic labor and birth.

- Presentation: “Culture of Change” for an in-person kick-off meeting with all participants of a national collaborative in 2016.
- Presented a webinar on Quality Improvement tools and processes that included a detailed understanding of using an A3 document to drive the changes in the hospital setting.
- Direct mentoring for two participating hospital groups in the first cohort (2015-2016).
- Presentation: “IHI Open House and Building a Charter” for a second in-person meeting including new and continuing hospitals in RPC .

**Committee Member, Utilization Management Committee**

**2014-Present**

- UMN Health

**Clinical Leader, Steering Committee, “Zero Birth Injury”, Fairview Health Services Perinatal Safety Initiative**

**2007-Present**

*University of Minnesota Medical Center, Minneapolis, MN*

- One of a 13-member group, directing system changes for decreasing the adverse outcome index (AOI) in the care of women and newborns within a seven hospital healthcare system in the state of Minnesota.
- Creating consensus and commitment to evidence-based and best practice changes, including “Just Culture”

**TeamSTEPPS Master Trainer**

**2016**

*University of Minnesota Medical School, Minneapolis, MN*

- Participant and Educator.

**IHI Open School Basic Certificate in Quality and Safety**

**2016**

- Completed 13 required courses.

**Chair and Co-Chair, Optimal Outcomes in Women’s Health Conference**

**2012-Present**

- Annual education conference supported by the Minnesota Affiliate of the ACNM.
- Chair and Co-Chair 2012, 2015, 2016, 2017
- Committee member: 2013, 2014

**Performance and Quality Improvement Collaborative**

**2014**

*University of Minnesota Physicians/University of Minnesota Medical Center, Fairview, Minneapolis, MN*

- Six-month collaborative course run by executive leadership and quality experts. Worked as dyad team with nurse manager. *Only APRN accepted into collaborative; all other providers were medical doctors.*
- Preparation to become leaders in quality improvement methods and techniques.
- Evaluated obstetrical triage of women with signs and symptoms of preterm labor.
- Utilized data from EMR and surveys and created tool for improvement. Analyzed outcomes; improvements were shown in all metrics measured.

- Practice change has been sustainable

**Co-President, Minnesota Affiliate of the ACNM**

**2009-2013**

- Leader of the local affiliate of the American College of Nurse-Midwives professional organization. Led scheduled meetings, directed the work of the affiliate in support of national goals and agendas.
- 2009: Led efforts to reform existing chapter to add formal structure to meetings with start and end times, agendas, and use of google drive for organization.
- 2011: Led efforts and guided successful transition from chapter to affiliate status
- 2012: Led efforts to establish the first full-day educational conference sponsored by the Minnesota affiliate (listed above).
- Established the first student scholarship to attend the ACNM Annual Meeting.

**Committee Member, WHO Baby-Friendly Hospital Initiative**

**2009-2012**

- Hospital-based committee of providers, nurses, and administration to implement the UNICEF/World Health Organization’s Baby-Friendly Hospital Initiative. University of Minnesota Medical Center-Fairview awarded Baby-Friendly Hospital Designation in 2012.

**Presentations and Publications**

**Poster Presentation**

**2017**

*ACNM 62<sup>nd</sup> Annual Meeting*

- “Oh Baby, We Need to Talk! Improving Collaboration Skills Between Nurse-Midwifery Students and Ob/Gyn Residents”  
Melissa D. Avery, PhD, CNM, FACNM, FAAN, Ann Forster Page, DNP, CNM, FACNM, Phillip Rauk, MD, MFM, Michelle Mathiason Moore, MS, & Jane Lindsay Miller, PhD

**Presentation**

**2017**

*ACNM 62<sup>nd</sup> Annual Meeting-Educators &Preceptors Workshop*

- “How much better could we be if we learned together?”  
*INTEGRATING MIDWIFERY and MEDICAL Education*  
Ann Forster Page, DNP, CNM, FACNM & Melissa D. Avery, PhD, CNM, FACNM, FAAN

**Education Lecture Series**

*Community University Health Care Center, UMN FQHC, Minneapolis, MN*

- “Female Genital Mutilation”, FGM. **2016**
- “Nitrous Oxide Use in Labor and Delivery”. **2015**
- “Water Birth at UMMC”. **2012**
- “Best Practices to Support Breastfeeding in the Outpatient Setting”. **2010**

**Staff RN Training and Workshops**

**2010-Present**

*University of Minnesota Medical Center, Minneapolis, MN*

- “First and Third Stages of Labor”. **2014**

- “High-Risk Postpartum Care”. **2013**
- “High-Risk Pregnancy in Labor”. **2010**

**Guest Lecturer** **2014, 2016**

*University of Minnesota School of Nursing, Minneapolis, MN*

- “Female Genital Mutilation”, FGM.

**Minnesota Perinatal Organization, Annual Fall Conference** **2015**

- “Physiologic Labor and Birth”.

**Poster Presentation** **2015**

- “Journey to Zero Birth Injury: Improving Outcomes, Sustaining Gains”.
  - Interprofessional team committee implementing evidence-based practice changes at five hospitals. Perinatal safety and quality-driven work utilizing IHI bundles, standardization, In Situ Simulation, TeamSTEPPS, and Just Culture over six years.
  - Presented during Nurse Research Week of UMMC Hospital.

**Poster Presentation**

- “Best Practice in Preterm Labor Management”. **2014**
  - Quality Improvement project to improve evaluation and treatment for women presenting with symptoms of preterm labor to obstetric triage unit.
  - Presented during Nurse Research Week at UMMC Hospital.
  - Co-authored with L. Archer, BSN, RN.

**Perinatal Safety Committee Meeting** **2014**

*University of Minnesota Medical Center, Minneapolis, MN*

- “Active Management of the Third Stage”.

**OB/GYN Grand Rounds** **2013**

*University of Minnesota Medical School, Department of Obstetrics and Gynecology  
Minneapolis, MN*

- “Evidence-Based Practice: Pearls of Midwifery”, monthly Grand Rounds for students, residents, and providers. Co-presented with C. Neerland, MS, APRN, CNM.

**Forster-Page, A, Neerland, C and Terrell, C** **2011**

- *Dynamic Collaboration: A Complementary Model of Patient Care within a University and Community, Evidence-Based Practice.* Unpublished manuscript.

**International Teaching and Clinical Work**

**Midwives for Haiti** **2014**

- Provided hands-on training to skill birth attendant students in birth, postpartum, and rural clinic sites. Assisted in classroom teaching.

- Afghanistan National Blood Safety and Transfusion Service (ANBSTS) 2012**
- Provided training to nurses and midwives in Kabul, Afghanistan regarding blood safety, transfusion, infection control practices, postpartum hemorrhage and active management of stage three labor. Simulation training. Joint effort with the University of Minnesota Blood Bank and the Afghanistan Blood Bank.

**Honors and Awards**

- Fellowship in the American College of Nurse-Midwives 2017
- Affiliate Faculty Teacher of the Year Award (Group award to CNM Service) 2017  
From University of Minnesota Family Medicine & Community Health

**Professional Affiliations**

- American College of Nurse-Midwives since 2001
- America College of Nurse-Midwives, Minnesota Affiliate since 2001
- Minnesota APRN Coalition since 2011